

Welcome Back to Apple Class!



WHAT'S ON

Autumn 2
2023

Hello and welcome back! We hope you all had a wonderful half term break. Our topic continues to be 'Food and Farming' and we will be exploring pumpkins and various squashes, making potions and sharing a Spooky Sensory Story as part of our Halloween Celebrations. We will be listening to firework music, exploring light, dark and all things shiny before making firework paintings splattering paint and glitter. We will then move onto Remembrance and all our exciting Christmas Festivities!

Let's learn about... **HOP TIME!**

You will have noticed HOP Time mentioned as one of our daily activities in your child's home/school book. HOP stands for 'Hanging Out Project'. It is a programme designed for people at risk of social isolation, who may not have very many meaningful daily interactions. The approach is simple but powerful. The aim is to spend **quality** 'one to one' time with each learner, for 10-15 minutes daily, doing activities which they really enjoy and giving them **100%** of your attention. This learner led interaction promotes positive mental wellbeing through developing meaningful communication, building relationships, enjoying company and connection with another person, all of which enable a feeling of being valued. What you do in HOP Time is up to you but it is essential that you are focussing on the person. Sometimes the best way to start HOP is just to sit with the person, watch what they watch, listen to what they listen to, feel what they feel. You can use favourite props and activities but remember that **you** are the best and most adaptable, flexible and responsive resource. Try it at home!



Parent Engagement sessions: Christmas Fayre- 14th Dec 2pm. Christmas Sensory Experience—date to be confirmed. We will break up for Christmas on Tuesday 15th December and return on 4th January

Apple Class Team



Class Fund

Thank you to those who contribute £5 to our half termly class fund, this supports us in our Cooking/ Design and Technology and Sensory Exploration lessons. If you are able to contribute please do so through Parent Pay.

Swimming

Please ensure that your child has a swim kit in school on their swimming day or a spare kit that can be kept at school. Our swim day is Tuesday.

Outdoor Learning

We enjoy spending time learning outside. Please ensure ensure that your child is ready for all weathers!

Personal Learning Goals (PLGs)

At the start of each term you will receive your child's updated PLGs. Please check these and return a signed copy to their class teacher. This may be completed during EHCP Reviews or Parent Partnership Conversations.

For updates, information and useful contacts, please check our school website and Facebook pages.

www.doubletrees.org.uk