

Welcome back to Rowan class!



Spring
term 2 2024

Hello and welcome back! We hope you all had a wonderful half term and are eagerly awaiting the warmer weather as we are! In Rowan, we are still focusing on our 'The World' theme which we will be harnessing through our sensory story, story massage, music therapy, dance massage and TACPAC sessions. Again here, we are focusing on developing our engagement profile skills to support in reaching our personal learning goals to support our EHCP targets. We will also be throwing in a lot of RE celebrations into the mix in our art therapy and cooking sessions!

Let's learn about... HOP TIME!

You may have noticed HOP Time mentioned within the home school diary or in the class timetable this academic year. HOP stands for '**Hanging Out Project**'. It is a programme designed for people at risk of social isolation, who may not have very many meaningful daily interactions. The approach is simple but powerful.

The aim is to spend **quality** 'one to one' time with each learner, for 10-15 minutes, doing activities which they really enjoy and giving them **100%** of your attention. This learner led interaction promotes positive mental wellbeing through developing meaningful communication, building relationships, enjoying company and connection with another person, all of which enable a feeling of being valued.

What you do in HOP Time is up to you, but it is essential that you are focussing on the person. Sometimes the best way to start HOP is just to sit with the person, watch what they watch, listen to what they listen to, feel what they feel. You can use favourite props and activities but remember that **you** are the best and most adaptable, flexible and responsive resource.

Try it at home!

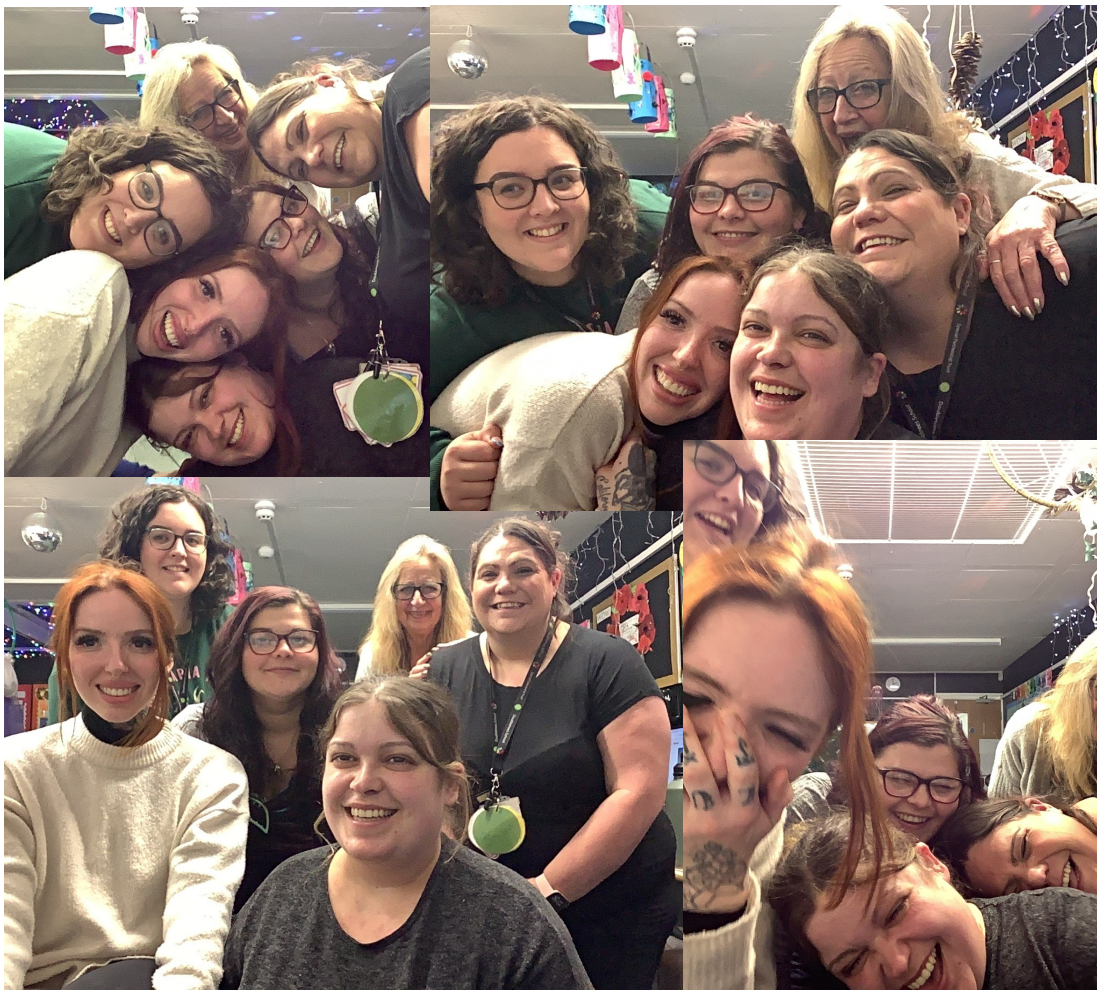


Parent engagement morning (Easter collaboration)– Friday 22nd March.

Term ends– Thursday 28th March.

Please keep your eyes peeled in diaries, on the social media pages and on the school website for any upcoming dates!

Rowan class team



Class team: Leo (teacher), Ami, Lauren and Georgia (teaching assistants), Kathy (Mid day supervisor) and Lisa (Higher level teaching assistant)

Class Fund

Thank you to those who contribute £5 to our half termly class fund, this supports us in our Cooking and sensory exploration lessons. If you are able to contribute please do so through Parent Pay so that we can continue to explore!

Swimming

Please ensure that your child has a swim kit in school on their swimming day or a spare kit that can be kept at school. Swimming is weekly on a rota basis to ensure all learners have the opportunity to take part! **Our swim day is Tuesday.**

Donations

We still on the hunt for old unwanted battery powered fairy lights as well as unwanted light related toys/stimuli. If you have any in need of a new home, TLC or more use, please send them in and we will make the most of them!

For updates, please check our school website and Facebook pages. **www.doubletrees.org.uk**