

# Welcome back to Redwood class



WHAT'S ON

Summer  
term 1 2024

We hope you all had a restful break. In Redwood, we will be starting our new Topic 'The News' which for 2024 will focus on the Paris Olympic and Paralympic games.

Over the next few weeks, we will be working closely with our HLTA and Forest school lead to update the sensory garden so we can enjoy it in the next few months. There will be a new timetable shared with you highlighting our daily routines and activities that develop skills towards our PLGs and engagement profiles.

## Let's learn about... **HOP TIME!**

You will notice HOP Time mentioned within the home school diary and in the class timetable this term. HOP stands for '**Hanging Out Project**'. It is a programme designed for people at risk of social isolation, who may not have very many meaningful daily interactions. The approach is simple but powerful.

The aim is to spend **quality** 'one to one' time with each learner, for 10-15 minutes, doing activities which they really enjoy and giving them **100%** of your attention. This learner led interaction promotes positive mental wellbeing through developing meaningful communication, building relationships, enjoying company and connection with another person, all of which enable a feeling of being valued.

What you do in HOP Time is up to you, but it is essential that you are focussing on the person. Sometimes the best way to start HOP is just to sit with the person, watch what they watch, listen to what they listen to, feel what they feel. You can use favourite props and activities but remember that **you** are the best and most adaptable, flexible and responsive resource.

Try it at home!



INSET days Monday 6th & Monday 7th May

EHCP meetings are arranged by Gemma W look out for her emails.

Half term Monday 27th—Friday 31st May

# Redwood class team



Fay



Andrew



Susan



Tracey



Yvonne



Kaye



Lisa

**Class Fund** Thank you to those who contribute £5 to our half termly class fund, this supports us in our cooking and sensory exploration lessons.

If you are able to contribute please do so through Parent Pay so that we can continue to explore.

**Swimming** Please ensure that your child has a swim kit in school. Swimming is weekly on a rota basis to ensure all learners have the opportunity to take part. Sometimes we have other opportunities to use the pool so it would be great if the kits could be kept in school

## Donations

We are asking for donations of compost, bulbs and seeds to add to our sensory garden.

Any spare garden equipment that would help us explore and tend the sensory garden. Thank you

For updates, information and useful contacts, please check our school website and Facebook pages.

[www.doubletrees.org.uk](http://www.doubletrees.org.uk)