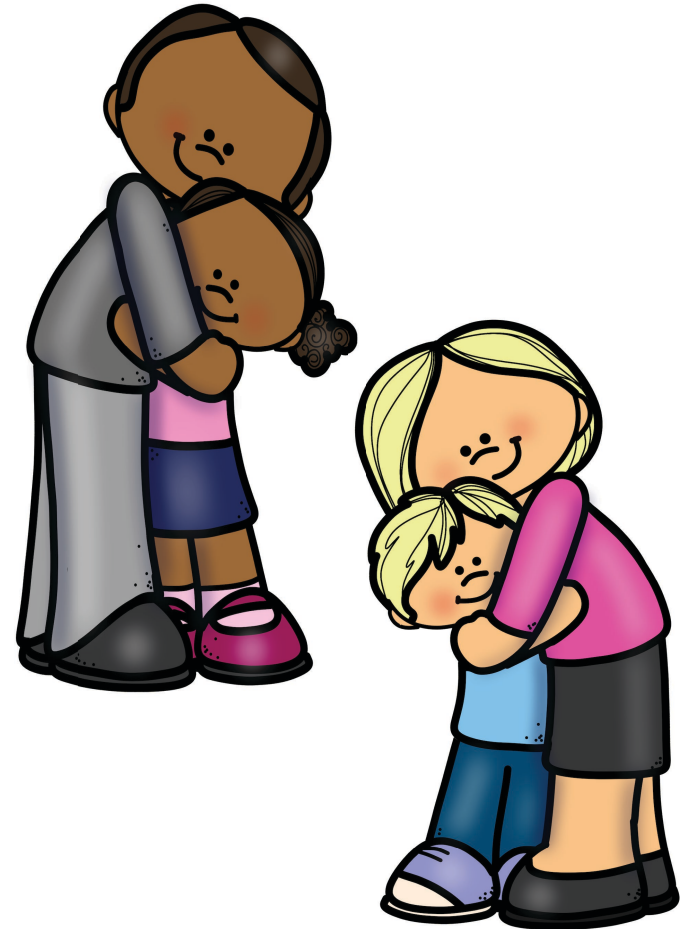


GOING BACK TO SCHOOL

*a story for
separation anxiety*



I really like being home with my family. I've been home with them for a while now.



But, now it is time for children
to go back to school.



Going to school is important so
I can learn and play with friends.



Sometimes I cry when it is time
to go back to school.



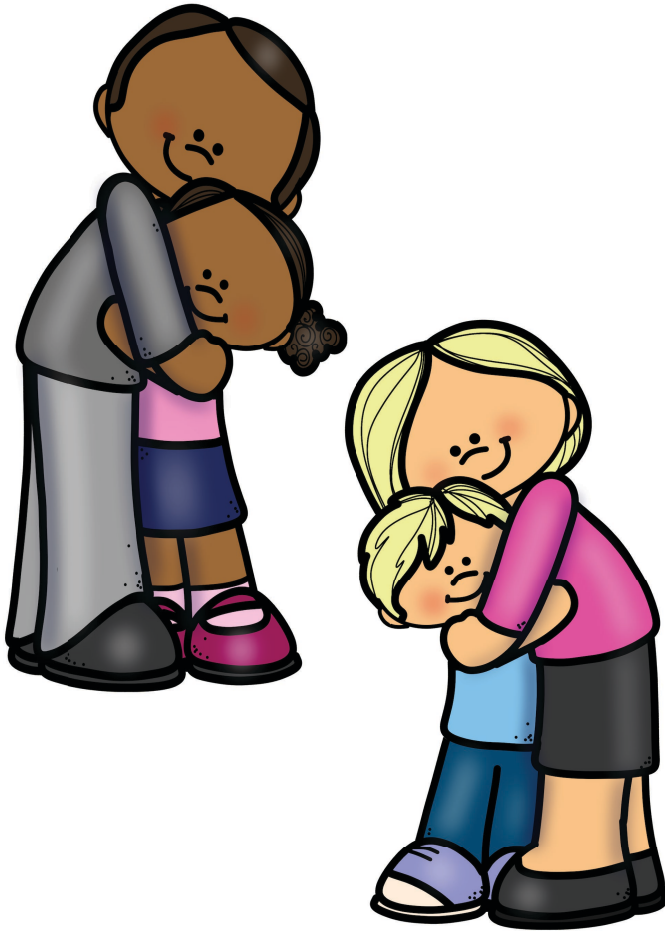
Instead, I can try to give
my parents a hug, kiss, high
five or wave when I leave.



I can tell myself:
When school is done, I can
come back home!



I can take 5 deep breaths and
I can hold my "I will come home
after school" card.



When I get home from school, I can hug my parents, grandparents of other family members!



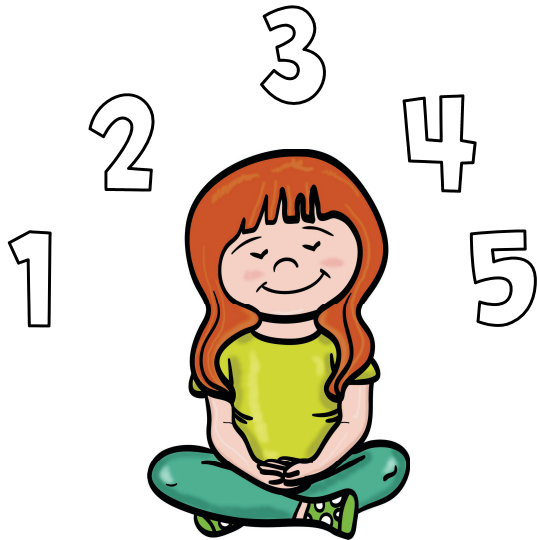
Going to school after I have been home for a long time might make me feel anxious. It will be okay! I will always come home after school



deep breaths



after school I can go home



deep breaths



after school I can go home

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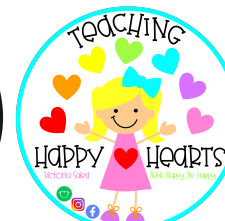
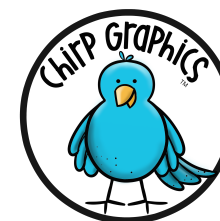
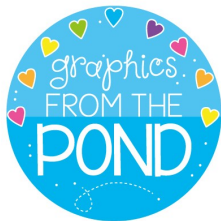
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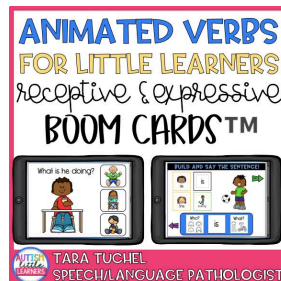
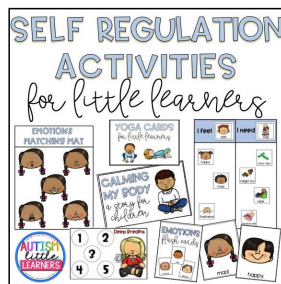
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♥ **taraTUCHEL**
Speech/Language Pathologist