

# Welcome Back to Maple Class!



**WHAT'S ON**

**Spring term  
1**

## Theme for the term:

Our topic this term is: Africa



## Key texts

In our English lesson we will be focussing on the following texts:

Mama Panya's Pancakes, Mufaro's Beautiful daughter, My Africa Vacation and Deep in the Sahara

Happy New Year! Welcome back to Maple class, I hope you had a lovely Christmas break spending time with loved ones. Maple class staff are myself, Lucy and I will be teaching alongside my teaching assistants Kate and Amy. We have an exciting term coming up and will be accompanying our learning with lots of trips in the community and visitors in school, please keep a look out in the home communication booklets for letters and leaflets detailing these exciting opportunities.

## **FOCUS SESSION**

### PSHE in Maple Class

In Cedar, we teach PSHE through weekly sessions such as fun group games that require sharing and turn-taking, short video clips and class discussions about topics that are important to us. But it is also embedded through everything we do each day.

A key focus is teaching emotions through "Zones of Regulation", which labels emotions to a colour so that we can begin to identify these and recognise that we feel different as the day changes and that this is ok. We do this through the use of visuals; a familiar adult will check in with your child throughout the day and identify ways in which they can move into the green zone, where they are happy, calm and focussed to learn. This will help support your child to build up their own toolbox of strategies to help them return to the green zone as they begin to recognise their triggers more clearly. Strategies may include, scented playdough to manipulate, a walking break, deep breathing or having a snack.

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
SAD	HAPPY	WORRIED	MAD
SICK	CALM	FRUSTRATED	SCARED
TIRED	READY TO LEARN	SILLY	OUT OF CONTROL
BORED	PROUD OF MYSELF	ANNOYED	YELLING

### Key dates and reminders:

Our swimming day is: Monday

January 2025:

**Other upcoming trips** - returning to Bikeability at Par running track, Forest school sessions, Eden Project...

Our PE day is: Thursday

Half term: Monday 17th - Friday 21st February 2025

**→ DON'T FORGET!**

# Reminders

## Maple Team:



Lucy - Amy - Kate

We also have June, our midday supervisor and Phil, who covers Lucy's PPA on a Thursday pm and Friday am

## Key vocab this term:

- Finished
- Thank you
- Please
- Toilet
- Help
- Sad
- Angry
- Now
- Next
- More
- Less

## Things you can do at home to support Maple class

- Please send your child in daily with a filled drinks bottle
- If your child's belongings are labelled it makes it easier to return these to the correct children.
- Please send a morning snack in with your learners every day.
- Feel free to communicate with us via your child's home school book, any messages or updates that may be helpful for us to know is greatly appreciated.
- EFL—Please share what you get up to on Evidence For learning :)  
Need help setting it up? Let us know via your child's home diary and we can get this set up for you.



## Personal Learning Goals (PLGs)

Please look out for new targets over the next couple of weeks and ask any questions. These are linked to your child's EHCP targets as well as some curriculum targets in both Maths and English. If there is something you'd like us to focus on, let me know.

For updates, information and useful contacts please check our school website and Facebook pages.

[www.doubletrees.org.uk](http://www.doubletrees.org.uk)