

# Welcome Back to Apple Class!



WHAT'S ON

Summer 1  
2025

Welcome back! We hope that you all had a lovely Easter Break. Our topic this term is 'Waves'. We will be exploring sea faring adventures and ship wrecks in our retelling of 'Kensuke's Kingdom' during our Sensory Story. In Sensory Art, we will be using all our senses to explore resources and create art work relating to this theme and during Sensory Cookery will be exploring tropical fruit and creating smoothies!

Let's learn about... **Story Massage!**

**The Story Massage Programme** combines the benefits of positive touch with the fun and creativity of words - whether as a story, a rhyme or a song. Ten simple massage strokes form the basis of the programme. These strokes have a name, such as The Circle or The Sprinkle, and an easy to recognise symbol making it fully accessible for all ages and abilities. The stories are linked to our current topic and link word to tactile experiences, this supports processing of a story and uses positive touch to make the experience engaging for learners working in the 'here and now'.

**Why teach it?**

Positive touch raises Oxytocin, the feel-good hormone making us feel happy, relaxed and connected. Learners experience respectful touch in a safe and supportive environment. It also supports engagement and focus, emotional regulation and word processing.

Half Term: Mon 26th - Friday 30th May 2025

Parent Engagement Session: Sports Day - Date to be arranged.

→ DON'T  
FORGET!

# Apple Class Team



## Class Fund

Thank you to those who contribute £5 to our half termly class fund, this supports us in our Cooking/ Design and Technology and Sensory Exploration lessons. If you are able to contribute please do so through Parent Pay.

## Swimming

Please ensure that your child has a swim kit in school on their swimming day or a spare kit that can be kept at school. Our swim day is Tuesday.

## Outdoor Learning

We enjoy spending time learning outside. Please ensure ensure that your child is ready for all weathers!

## Personal Learning Goals (PLGs)

At the start of each term you will receive your child's updated PLGs. Please check these and return a signed copy to their class teacher. This may be completed during EHCP Reviews or Parent Partnership Conversations.

For updates, information and useful contacts, please check our school website and Facebook pages.

[www.doubletrees.org.uk](http://www.doubletrees.org.uk)