

# Welcome Back to Elm Class!



WHAT'S ON

Autumn 1  
2025

## Theme for the term: Party Planning

Welcome back to a new school year at Doubletrees. I am Upper School Elm class teacher, Jo Conac. Once we are established and confident in our new classroom we look forward to lots of outings and trips to our local area including the supermarket so that we can all help with preparations for parties this term but also to give us insight into different workplaces.

## Focus: Enterprise

We look forward to planning and hosting an Autumnal disco for younger learners later on this half term.

### FOCUS SESSION.

In Elm class we use 'Motional' to assess and support the learner's social, emotional and mental health needs. This helps staff to identify specific areas of development and plan targeted activities or interventions within the classroom to support emotional well-being and positive behaviour. On our planning and timetables these activities are referred to as, 'Emotional Literacy'. Emotional literacy refers to the ability to understand, express, and manage emotions effectively. In Doubletrees School, emotional literacy plays a key role in helping learners develop the social and emotional skills they need to thrive both in and out of the classroom. For many learners, recognising their own feelings and those of others can be challenging. Through targeted activities, visual supports, and structured routines, staff help learners build their emotional vocabulary, learn calming strategies, and develop empathy. In Elm, emotional literacy is supported through tools such as emotion check-ins, sensory stories, sensory breaks, and group activities. These approaches help create a safe and supportive learning environment, enabling our learners to feel more in control, build positive relationships, and engage more confidently in their learning.

→ DON'T FORGET!

Send in daily snacks and drinks including breakfast if required. PE kit on Mondays for the week (white T-shirt and black shorts in a bag), Swimming on Thursdays, Forestry Friday (waterproofs and wellies)

# Reminders

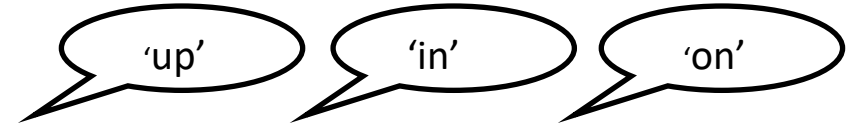


From left to right: **Chloe (TA), Stevie MDS), Amie (TA), Lisa (HLTA), Chris (TA), and Jo Conac (Class teacher)**

Welcome to Amie who joins us this term from the classroom next door and already knows many of our learners well.

## Key vocab this term

**Making a request** using chosen communication method: AAC device/ symbols/ Makaton/ speech/ total communication



**Community inclusion and Independent living skills:** this term we are working on laying the table and preparing for a party. Key words are 'party' and 'celebration'.

## Things you can do at home to help

I welcome any guest speakers with experience in events or party planning this term.

Please encourage your learners to practice their independent living skills such as welcoming guests, laying the table or clearing the plates.

If you go out and about at the weekend please let us know or send in photos so that we can share at school

**Personal Learning Goals (PLGs)** Please look out for new target tracker sheets, sign them if in agreement and send them back in or please do get in touch to ask any questions so that we can amend or work on them together.

For updates, information and useful contacts, please check our school website and Facebook pages.

[www.doubletrees.org.uk](http://www.doubletrees.org.uk)