

# Welcome back to Redwood class



**WHAT'S ON**

Hello and welcome back!

Autumn  
term 1 2025

It's great to have everyone back in class and settling in so well. We are excited to be starting this academic year with the theme 'Party', as we love any opportunity to have a party in Redwood class! This topic will give us opportunities to have wider school and community engagement starting with planning and hosting a school disco later on in the term. All of our sensory experiences will be based around preparing for a special occasion or event (including cooking!) we look forward to sharing all we have learnt at the end of the term!

Lets learn about... **Sensology**

You may have seen in your young person's Home-school diary, that we include 'Sensology' in our timetable. Sensology is a session designed to 'wake up the senses' The five basic senses (see, hear, touch, smell, taste) and also movement related sensory systems: the vestibular (balance, head movements and gravity) and the proprioceptive (body positions, body mapping and planning movements). Learners engage in experiences that stimulate each of the senses in turn, through resources specifically selected for the individuals.

In Redwood class, The senses are stimulated and introduced individually and a familiar song/rhyme is used to cue in the session as well as learners' looking at themselves in a mirror. Sensology is used to support the learners' awareness, engagement and to enable them to make preferences. A variety of different equipment can be used when waking up the individual senses. It is important to use contrasting senses to not only enhance the senses but also to allow the learner to communicate and show preference to particular experiences.

For example: 5 Senses song + mirrors

Vision: Bright puppet Vs Disco light, Touch: Bubble wrap Vs Pine cones, Smell: Coffee Vs Vanilla, Sound: Rice tub Vs Ukulele, (Taste: Will vary for individuals)



**Parent partnership meetings:** w/c 29th September

**Half Term:** Monday 27th October—Friday 31st October 2025

**EHCP reviews:** Please see separate email invites from Emma Powell

# Redwood class team



**Class Fund** Thank you to those who contribute £5 to our half termly class fund, this supports us in our cooking and sensory exploration lessons.

If you are able to contribute please do so through Parent Pay so that we can continue to explore.

## Swimming

Please ensure that your child has a swim kit in school. Swimming is weekly on a rota basis to ensure all learners have the opportunity to take part. Our Swim days are Tuesday and Friday each week.

## Personal Learning Goals (PLGs)

At the start of this term you will receive your child's new Personal Learning Goals (PLGs) Please check these and return the slip attached via the school diary.

For updates, information and useful contacts, please check our school website and Facebook pages.

[www.doubletrees.org.uk](http://www.doubletrees.org.uk)