

Please enjoy the assembly from Oak National Academy. The theme is all about wellbeing. It's so important to look after ourselves and each other.

- Activities from this assembly can include:  
Finding lovely pictures of yourselves all together.
- Make a collage and celebrate how lucky we are to have people who care about us and people who love us.

What are your favourite things to do together?

- Write or type up a list of the things that you love to do by yourself or as a family.
- Make a sensory art project exploring different textures gathered from inside or outside.

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