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Date:

Let's go online

Circle the things that you can do online.

Play Games

Ride a bike

Use an app

Drink water

Watch a video

Plant a tree

Chat with friends

Read a website

Stay safe online

What do you already know about how to be safe and happy when you go online? Choose 2 things and draw them in the boxes

Tell someone!

If anything worries, upsets or scares you online you should ask for help. Complete the sentences using the word box.

If a video upsets me I can turn the screen

and

an

adult. If someone is mean to me in a game I can ask an

to help

that player. me

If someone online I don't know makes me feel

I can tell an adult

and use the report

someone about my worries means they can help

me feel

tell

safety

worried

better

click

button

off

block

telling

adult

No. of the last of	
Name:	

No tech or better with tech?

For each of the activities below, discuss as a family: is this better when completed with tech or without tech? For example, would you rather ask a question you have to someone face-to-face, or a voice assistant like Alexa or Siri or Google?

Circle the symbol that best matches your verdict for each one. Different family members could use different colours pens and pencils to show their opinions.

	Better without tech	Better with tech	Undecided
Chatting to friends and family	0		3
Playing games	0		. 5
Learning and research		Q	Ġ
Asking a question	0		(5)
Getting help & support	0	The state of the s	3
Saying sorry	0		(?)
Shopping for clothes	Ø		as

Reflection time

Overall, we prefer to do things...

without tech / with tech / no clear winner

We all agreed that...

We really disagreed about...

The most interesting one to discuss was...

I changed my mind about...

Want to talk about it?









Ask a friend

Can you find who likes each of these things? Write a different name in each of the boxes.



We recommend

Name of app

Age rating

Why are you recommending this app? What do you like about it?

Draw something from this app.

[E.g. logo, character, scene, etc.]

What is your safety tip for new users?

Do you have to pay for this app?

Yes/No

Can you buy things in the app using real money?

Yes/No



What internet-connected devices do you own?

How much time do you spend online each day?

What is your favourite thing to do online?

What do think MY favourite thing to do online is?

What is your least favourite thing to do online?

What is your top tip to keep safe online?

What would you like to know more about?



What internet-connected devices do you own?

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What do think MY favourite thing to do online is?

What is your least favourite thing to do online?

What is your top tip to keep safe online?

What would you like to know more about?

A, B, C – How well do you know me?

How to play:

- 1. Cut out the cards.
- 2. Take one card each.
- 3. Take it in turns to read your card and ask the others if they think you will opt for A, B or C.

Adaptations:

- You could create A, B, C cards for people to hold up.
- · You could ask the others to explain why they think you will choose A, B or C.
- You can keep score to see how well you know each other.

A pop up comes up saying I have won £1,000. Would I...?

- **A.** Fill out the form straight away and wait for the money
- B. Ignore it
- **C.** Ask someone what to do

- I see a news story that is shocking and a bit suspicious. Would I...?
- A. Share it on. Everyone needs to know this
- B. Nothing
- **C.** Try to find out if it is true

I'm struggling to keep my eyes open while watching some funny videos. Would I...?

- **A.** Splash water on my face and get back to it
- B. Go to bed
- C. Wake up on the sofa

I see someone being mean to my friend online. Would I...?

- **A.** Tell the person being mean to stop
- **B.** Report the person being mean
- **C.** Message my friend to ask if they are okay

There is an online challenge going around to raise money for charity. Would I...?

- A. Tell someone else they should do it
- **B.** Sign up and start raising money
- C. Donate some money

There are only 2 controllers and there are 3 of us. Would I...?

- **A.** Grab a controller straight away
- **B.** Ask who wants to go first
- C. Be happy to just watch

My device crashes losing all my work. Would I...?

- A. Cry
- B. Sigh
- **C.** Try for hours to get it back

I'm playing in a team game but the team is struggling. Would I...?

- A. Find a new team
- B. Encourage the team
- C. Play a different game

I see another player is stuck and realise that they must be new to the game. Would I...?

- A. Take them out
- B. Help them out
- C. Call them out

I have just 5 minutes to spend online for the rest of my life. Would I...?

- A. Video call someone
- B. Watch videos
- C. Play a game

Someone asks me for a selfie. Would L..?

- A. Agree but take 10 goes to get it right
- **B.** Smile and nail it first time
- C. Run a mile

I'm doing really well on a game but need to go now or I'll be late to meet friends. Would I...?

- A. Not even realise
- **B.** Stop straight away when my timer goes off
- C. Let them know I'll be a bit late